Totally Local Company

Allergens & Intolerances:

G=Gluten

3rd September 23rd September 14th October 11th November 2nd December

Week 1

G

Company	MK=milk M=mustard S=soya SE=Sesame	3 rd September, 23 rd September, 14 rd October, 11 rd November, 2 rd December, 6 th January, 27 th January				Autumn/Spring 1 2024
	E=Egg SD=Sulphur dioxide C=Celery F=Fish	Main Dish	Halal Main Dish	Main Dish Vegetarian	Jackets	Dessert
Monday		Homemade cheese pizza, potato wedges peas G,MK,S			Jacket potato with various fillings	Vanilla & oat muffin or fruit G,E,MK
Tuesday		Coconut chicken curry, boiled rice, naan bread & broccoli C,G,MK	Halal coconut chicken curry, rice, naan bread & broccoli C,G	Marrakesh veggie curry, boiled rice, naan bread and broccoli G	Jacket potato with various fillings	Chocolate shortbread or Fruit G
Wednesday		Roast chicken, roast potatoes, mixed veg, stuffing G	Halal chicken, roast potatoes. mixed veg,stuffing G	Vegetarian sausage, roast potatoes, mixed vegetables G,S,SD	Jacket potato with various fillings	Coconut & jam sponge with custard or fruit G,E,MK
Thursday		Pork meatball slider, diced potatoes & coleslaw G,MK,E,M		Pasta Italienne G,MK	Jacket potato with various fillings	Strawberry whirl or fruit MK
Friday		Fish stars chips and beans G .F		Vegetarian sausage roll, chips and beans	Jacket potato with various fillings	Chocolate flapjack or fruit

G,S

G,F

^{*}Filling options – Tuna, Cheese or Baked beans